



MARATON META
3:40
trotadores.com/radio

- 1 - 0:05:12
- 2 - 0:10:25
- 3 - 0:15:38
- 4 - 0:20:51
- 5 - 0:26:04
- 6 - 0:31:16
- 7 - 0:36:29
- 8 - 0:41:42
- 9 - 0:46:55
- 10 - 0:52:08
- 11 - 0:57:21
- 12 - 1:02:33
- 13 - 1:07:46
- 14 - 1:12:59
- 15 - 1:18:12
- 16 - 1:23:25
- 17 - 1:28:38
- 18 - 1:33:50
- 19 - 1:39:03
- 20 - 1:44:16
- 21 - 1:49:29
- 22 - 1:54:42
- 23 - 1:59:55

trotadores.com/radio 

MARATON META
3:40
trotadores.com/radio

- 24 - 2:05:07
- 25 - 2:10:20
- 26 - 2:15:33
- 27 - 2:20:46
- 28 - 2:25:59
- 29 - 2:31:12
- 30 - 2:36:24
- 31 - 2:41:37
- 32 - 2:46:50
- 33 - 2:52:03
- 34 - 2:57:16
- 35 - 3:02:29
- 36 - 3:07:41
- 37 - 3:12:54
- 38 - 3:18:07
- 39 - 3:23:20
- 40 - 3:28:33
- 41 - 3:33:46
- 42 - 3:38:58

trotadores.com/radio 


MARATON META
3:55
trotadores.com/radio

- 1 - 0:05:34
- 2 - 0:11:08
- 3 - 0:16:42
- 4 - 0:22:16
- 5 - 0:27:50
- 6 - 0:33:24
- 7 - 0:38:59
- 8 - 0:44:33
- 9 - 0:50:07
- 10 - 0:55:41
- 11 - 1:01:15
- 12 - 1:06:49
- 13 - 1:12:24
- 14 - 1:17:58
- 15 - 1:23:32
- 16 - 1:29:06
- 17 - 1:34:40
- 18 - 1:40:14
- 19 - 1:45:49
- 20 - 1:51:23
- 21 - 1:56:57
- 22 - 2:02:31
- 23 - 2:08:05

trotadores.com/radio 


MARATON META
3:55
trotadores.com/radio

- 24 - 2:13:39
- 25 - 2:19:14
- 26 - 2:24:48
- 27 - 2:30:22
- 28 - 2:35:56
- 29 - 2:41:30
- 30 - 2:47:04
- 31 - 2:52:39
- 32 - 2:58:13
- 33 - 3:03:47
- 34 - 3:09:21
- 35 - 3:14:55
- 36 - 3:20:29
- 37 - 3:26:04
- 38 - 3:31:38
- 39 - 3:37:12
- 40 - 3:42:46
- 41 - 3:48:20
- 42 - 3:53:54

trotadores.com/radio 


MARATON META
3:59
trotadores.com/radio

- 1 - 0:05:39
- 2 - 0:11:19
- 3 - 0:16:59
- 4 - 0:22:39
- 5 - 0:28:19
- 6 - 0:33:59
- 7 - 0:39:38
- 8 - 0:45:18
- 9 - 0:50:58
- 10 - 0:56:38
- 11 - 1:02:18
- 12 - 1:07:58
- 13 - 1:13:38
- 14 - 1:19:17
- 15 - 1:24:57
- 16 - 1:30:37
- 17 - 1:36:17
- 18 - 1:41:57
- 19 - 1:47:37
- 20 - 1:53:17
- 21 - 1:58:56
- 22 - 2:04:36
- 23 - 2:10:16

trotadores.com/radio 


MARATON META
3:59
trotadores.com/radio

- 24 - 2:15:56
- 25 - 2:21:36
- 26 - 2:27:16
- 27 - 2:32:55
- 28 - 2:38:35
- 29 - 2:44:15
- 30 - 2:49:55
- 31 - 2:55:35
- 32 - 3:01:15
- 33 - 3:06:55
- 34 - 3:12:34
- 35 - 3:18:14
- 36 - 3:23:54
- 37 - 3:29:34
- 38 - 3:35:14
- 39 - 3:40:54
- 40 - 3:46:34
- 41 - 3:52:13
- 42 - 3:57:53

trotadores.com/radio 


MARATON META
4:10
trotadores.com/radio

- 1 - 0:05:55
- 2 - 0:11:50
- 3 - 0:17:46
- 4 - 0:23:41
- 5 - 0:29:37
- 6 - 0:35:32
- 7 - 0:41:28
- 8 - 0:47:23
- 9 - 0:53:19
- 10 - 0:59:14
- 11 - 1:05:10
- 12 - 1:11:05
- 13 - 1:17:01
- 14 - 1:22:56
- 15 - 1:28:52
- 16 - 1:34:47
- 17 - 1:40:43
- 18 - 1:46:38
- 19 - 1:52:34
- 20 - 1:58:29
- 21 - 2:04:25
- 22 - 2:10:20
- 23 - 2:16:16

trotadores.com/radio 


MARATON META
4:10
trotadores.com/radio

- 24 - 2:22:11
- 25 - 2:28:07
- 26 - 2:34:02
- 27 - 2:39:58
- 28 - 2:45:53
- 29 - 2:51:49
- 30 - 2:57:44
- 31 - 3:03:40
- 32 - 3:09:35
- 33 - 3:15:31
- 34 - 3:21:26
- 35 - 3:27:22
- 36 - 3:33:17
- 37 - 3:39:13
- 38 - 3:45:08
- 39 - 3:51:04
- 40 - 3:56:59
- 41 - 4:02:55
- 42 - 4:08:50

trotadores.com/radio 


MARATON META
4:25
trotadores.com/radio

- 1 - 0:06:16
- 2 - 0:12:33
- 3 - 0:18:50
- 4 - 0:25:07
- 5 - 0:31:24
- 6 - 0:37:40
- 7 - 0:43:57
- 8 - 0:50:14
- 9 - 0:56:31
- 10 - 1:02:48
- 11 - 1:09:05
- 12 - 1:15:21
- 13 - 1:21:38
- 14 - 1:27:55
- 15 - 1:34:12
- 16 - 1:40:29
- 17 - 1:46:45
- 18 - 1:53:02
- 19 - 1:59:19
- 20 - 2:05:36
- 21 - 2:11:53
- 22 - 2:18:10
- 23 - 2:24:26

trotadores.com/radio 


MARATON META
4:25
trotadores.com/radio

- 24 - 2:30:43
- 25 - 2:37:00
- 26 - 2:43:17
- 27 - 2:49:34
- 28 - 2:55:51
- 29 - 3:02:07
- 30 - 3:08:24
- 31 - 3:14:41
- 32 - 3:20:58
- 33 - 3:27:15
- 34 - 3:33:31
- 35 - 3:39:48
- 36 - 3:46:05
- 37 - 3:52:22
- 38 - 3:58:39
- 39 - 4:04:56
- 40 - 4:11:12
- 41 - 4:17:29
- 42 - 4:23:46

trotadores.com/radio 


MARATON META
4:40
trotadores.com/radio

- 1 - 0:06:38
- 2 - 0:13:16
- 3 - 0:19:54
- 4 - 0:26:32
- 5 - 0:33:10
- 6 - 0:39:48
- 7 - 0:46:27
- 8 - 0:53:05
- 9 - 0:59:43
- 10 - 1:06:21
- 11 - 1:12:59
- 12 - 1:19:37
- 13 - 1:26:15
- 14 - 1:32:54
- 15 - 1:39:32
- 16 - 1:46:10
- 17 - 1:52:48
- 18 - 1:59:26
- 19 - 2:06:04
- 20 - 2:12:43
- 21 - 2:19:21
- 22 - 2:25:59
- 23 - 2:32:37

trotadores.com/radio 


MARATON META
4:40
trotadores.com/radio

- 24 - 2:39:15
- 25 - 2:45:53
- 26 - 2:52:31
- 27 - 2:59:10
- 28 - 3:05:48
- 29 - 3:12:26
- 30 - 3:19:04
- 31 - 3:25:42
- 32 - 3:32:20
- 33 - 3:38:58
- 34 - 3:45:37
- 35 - 3:52:15
- 36 - 3:58:53
- 37 - 4:05:31
- 38 - 4:12:09
- 39 - 4:18:47
- 40 - 4:25:26
- 41 - 4:32:04
- 42 - 4:38:42

trotadores.com/radio 


MARATON META
4:55
trotadores.com/radio

- 1 - 0:06:59
- 2 - 0:13:58
- 3 - 0:20:58
- 4 - 0:27:57
- 5 - 0:34:57
- 6 - 0:41:56
- 7 - 0:48:56
- 8 - 0:55:55
- 9 - 1:02:55
- 10 - 1:09:54
- 11 - 1:16:54
- 12 - 1:23:53
- 13 - 1:30:53
- 14 - 1:37:52
- 15 - 1:44:52
- 16 - 1:51:51
- 17 - 1:58:51
- 18 - 2:05:50
- 19 - 2:12:50
- 20 - 2:19:49
- 21 - 2:26:49
- 22 - 2:33:48
- 23 - 2:40:48

trotadores.com/radio 


MARATON META
4:55
trotadores.com/radio

- 24 - 2:47:47
- 25 - 2:54:47
- 26 - 3:01:46
- 27 - 3:08:45
- 28 - 3:15:45
- 29 - 3:22:44
- 30 - 3:29:44
- 31 - 3:36:43
- 32 - 3:43:43
- 33 - 3:50:42
- 34 - 3:57:42
- 35 - 4:04:41
- 36 - 4:11:41
- 37 - 4:18:40
- 38 - 4:25:40
- 39 - 4:32:39
- 40 - 4:39:39
- 41 - 4:46:38
- 42 - 4:53:38

trotadores.com/radio 

10K META
1:10
trotadores.com/radio

- 1 - 0:04:20
- 2 - 0:08:41
- 3 - 0:13:02
- 4 - 0:17:23
- 5 - 0:21:44
- 6 - 0:26:05
- 7 - 0:30:26
- 8 - 0:34:47
- 9 - 0:39:08
- 10 - 0:43:29
- 11 - 0:47:50
- 12 - 0:52:11
- 13 - 0:56:32
- 14 - 1:00:53
- 15 - 1:05:14
- 16 - 1:09:35

trotadores.com/radio 

21.1K META
2:59
trotadores.com/radio

- 1 - 0:08:29
- 2 - 0:16:58
- 3 - 0:25:28
- 4 - 0:33:57
- 5 - 0:42:27
- 6 - 0:50:56
- 7 - 0:59:26
- 8 - 1:07:55
- 9 - 1:16:24
- 10 - 1:24:54
- 11 - 1:33:23
- 12 - 1:41:53
- 13 - 1:50:22
- 14 - 1:58:52
- 15 - 2:07:21
- 16 - 2:15:50
- 17 - 2:24:20
- 18 - 2:32:49
- 19 - 2:41:19
- 20 - 2:49:48
- 21 - 2:58:18

trotadores.com/radio 